



TREATMENTS & SPA EXPERIENCES TO INSPIRE WELLNESS DURING COVID-19



BATH MENUS

In spa or in-room tubs for healing soaks, when properly sanitized, are a non-touch way to extend spa experience time and value. Promoting the timeless tradition of “taking the waters” in the privacy of the spa suite or guest room helps to offset the limited range of services. Choose from: Immune Booster, Restful Sleep, Muscle Soother, Stress Relief, Citrus Refresher.

SPECIALTY BODYWORK

Virtual training for your team incorporating tragerwork rocking techniques along with compression above the sheet or fully clothed. Tara virtually demonstrates side-work massage techniques so that guests and technicians can wear masks comfortably, when face down may be too uncomfortable for your guests.

SUMMER HYDRATION

MOISTURE DRENCH SHEET MASK

Create a spa experience as DIY in-room or to enhance any spa experience from guided meditation to massage. Private label available. Low minimums.

HAND CLEANSING RITUAL

Hand washing ceremony, aroma towelette to dry hands and enjoy aromatic ambiance, hand conditioning.

HAND & FOOT RITUALS

For poolside or to enhance any massage when body treatments are not yet being booked.

IMMUNE BOOSTER

Enhance any massage with Immune Booster massage oil formulated with essential oils that have been traditionally used to support a resilient immune and respiratory system. Upgrade the experience with a DIY boxed set (bath salt and body oil) to use during your stay or for self care at home.

CHAKRAN

Far infrared and gemstone therapy in a hand-held device that can easily be disinfected between services. Tara demonstrates on-line how to use the ChakraN device for a complete “hands-off” high impact massage experience.

*Contact TARA for custom treatments and spa services to support your
new approach to guest experiences at your spa*

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