



TARA™
SPA THERAPY

TARA ECO INITIATIVE

TARA Spa Therapy is committed to ongoing progress on the path of greening and sustainability – in our sourcing, ingredients and formulations, packaging and business practices. Our vision is a global community that values wellness, personal growth and social and environmental responsibility. Our commitment to environmental responsibility is reflected throughout the company.

FACILITY

- Our warehouse and shipping facility operates on solar power.

PACKAGING

- Bath Salt 16 oz. cannisters have metal lids, not plastic.
- We minimize extraneous packaging and the use of plastics using glass instead wherever possible.
- Our **Herbal-Ease™ Neck Pillow** boxes made from 70% post-consumer recycled content with water-based ink are 100% recyclable.

PRINT

- TARA letterhead and collaterals are printed on post-consumer, FSC certified paper with water based ink.
- We offer all collaterals in electronic format on memory sticks made from recyclable materials as a paperless alternative.
- All outside printing is sourced through a green, sustainable printing service.

PRODUCT

- Our **Herbal-Ease™ Green Neck Pillows** are made with Recycled Content and the polar fleece fabric is composed of 89% post-consumer plastic soda bottles.

SHIPPING

- We use shredded paper documents, 100% recycled Kraft padding and newsprint paper as well as reuse packing materials and boxes from incoming shipments to pack our outgoing orders.
- We use shipping peanuts from recycled materials or corn, versus Styrofoam

TARA'S ECO CHOICE PROGRAM



This icon found on our Price List, denotes all TARA products made with wild-crafted and/or organic ingredients as well as all eco-friendly packaging made with recycled content.



TARA
SPA THERAPY

TARA ORGANIC PRODUCTS

TARA products contain no synthetic fragrances, artificial dyes or colors and are paraben free. No TARA products are ever tested on animals and none contain petroleum based ingredients. Never. Ever. Many of our products are certified organic and all are wildcrafted, pesticide free and sourced from suppliers who engage in sustainable farming practices.

Following is a list of TARA products that we highlight for their pure, organic content:

TARA AROMATHERAPY

Certified Organic Single Note Essential Oils

(20 of our 21 Single Notes)

Bergamot	Lavender
Cedarwood	Lemongrass
Clary Sage	Orange
Cypress	Patchouli
Eucalyptus	Peppermint
Geranium	Rosemary
Grapefruit	Tea Tree
Jasmine	Vetiver
Juniper	Ylang Ylang
Jasmine (a 10% dilution in Organic Jojoba Oil)	
Rose (a 10% dilution in Organic Jojoba Oil)	

97.5% Organic Aroma Wellness Massage Oils

(in Organic Base Oil)

Balancing	Revitalizing
Detoxifying	Stress Relieving
Loving	Therapeutic Sports
Relaxing	

Body & Massage Oils

100% Organic Massage Oil

100% Organic Eucalyptus Naturally Scented

100% Organic Maternity Blend

85-100% Organic Roll-On Remedies/Liniments

Balancing	Muscle Soother
Deep Rest	Stress Relief
Headache Relief	

97.7% Organic Destination Rejuvenation Oils

Desert Sage	High Altitude
Evergreen	Tropical Essence
100% Organic Jet Lag Massage Oil	

TARA AYURVEDA

98% Organic Ayurvedic Facial Oils

Vata Facial Oil
Kapha Facial Oil
Pitta Facial Oil

Ayurvedic Teas

Vata 100% Certified Organic
Pitta 98% Certified Organic
Kapha 100% Certified Organic

TARA BATH THERAPY

100% Certified Organic Herbal Extracts & Pure

Essential Oils

Body Purifier	Citrus Refresher
Immune Booster	Loving
Muscle Soother	PMS
Stress Release	Restful Sleep
Women's Transition	
Rejuvenating Foot Soak & Scrub	

100% Organic Eucalyptus Mint Shower Mist

TARA CBD

100% Organic CBD Muscle Liniment

TARA SKIN THERAPY

Cleansing Gel

Contains organic ingredients

Crème Cleanser

85.4% from organic farming

100% from natural origin

Antioxidant Crème Mask

84.08% from organic farming

Pomegranate Enzyme Mask

80.4% from organic farming

Soothing Gel Mask

Contains organic ingredients

Balancing Face Oil

98% organic

Nourishing Face Oil

99% organic

Replenishing Face Oil

98% organic

Soothing Face Oil

98% organic

Calendula Moisture Crème

83.44% from organic farming

99.99% from natural origin

Primrose Face Lotion

Contains organic ingredients

Hydrating Mists

100% organic Lavender

100% organic Neroli

TARA SUN THERAPY

100% Certified Organic Lavender Mist

TARA Spa Therapy • Carmel, CA



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